

CLINICAL INTENSIVE: A PROFESSIONAL TRAINING FOR PALLIATIVE AND HOSPICE CLINICIANS

Wednesday, November 12, 2025

Location: Hospice & Community Care
685 Good Drive, Lancaster, PA 17604

AGENDA

- 8:00am-8:30am **Registration and Breakfast**
- 8:30am-9:30am **Eligibility and Recertification**, Ric Baxter, MD FAAHPM, Hospice Medical Director, Emeritus Palliative Care Physician, St. Luke's University Health Network, Member, PHPCN Board of Directors, Joan Harrold, MD MPH FACP FAAHPM, Medical Director Lifesong Hospice and Palliative Care, Member, PHPCN Board of Directors
- A review of the Conditions of Participation and LCD's to further an understanding of the necessary components for recertification of Hospice Eligibility and guide supportive documentation.
- Learning Objectives:**
Learner to document the necessary components for hospice eligibility.
Learner to assess prognosis to support ongoing hospice eligibility.
Document eligibility including face to face documentation.
- 9:30am-10:45am **Acetaminophen to Ziconotide: Understanding and Managing Pain**
Ric Baxter, MD, FAAHPM, Hospice Medical Director, Emeritus Palliative Care Physician, St. Luke's University Health Network, Member, PHPCN Board of Directors
- Pain is a major source of suffering at the end of life creating distress for patients and families. Studies continue to show that pain is under-treated, even at the end of life. Participants will learn to assess and treat pain with skill and confidence. They will understand pharmacologic options, particularly opiates, and how to effectively calculate dosages and routes of administration. We will explore some off-label medication uses as well as complementary/alternative options.
- Learning Objectives:**
The learner will be able to assess pain effectively.
The learner will be able to identify the appropriate use of medications for managing pain.
The learner will be able to develop a pain management plan of care.
- 10:45am-11:00am **Break**

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11:00am-12:00pm Delirium in Palliative Care: Recognition, Management, and Support

Jasmine King, MSN, AGACNP-BC, Nurse Practitioner; Instructor of Medicine;
Medical Co-Director, Inpatient Geriatric Medicine Consult Service, Penn State Health Milton
S. Hershey Medical Center, Division of Geriatric Medicine

Delirium is common and distressing in palliative care, affecting patients and families alike. This 60-minute interactive session will help clinicians recognize delirium subtypes, identify reversible causes, and apply patient-centered management strategies. Using case discussions and practical examples, participants will learn non-pharmacologic and pharmacologic approaches, with a focus on comfort, safety, and effective communication with families.

Learning Objectives:

Recognize delirium in palliative care patients, including hyperactive, hypoactive, and mixed subtypes.

Identify causes and risk factors contributing to delirium in seriously ill patients.

Apply management strategies (non-pharmacologic and pharmacologic) focusing on comfort, safety, and patient-centered care.

12:00pm-12:30pm Lunch (Included)

12:30pm- 1:45pm Navigating Frailty: Clinical Insights and Compassionate Care in Hospice

Amy Westcott, MD MHPE MBA FAAHPM AGSF, Professor of Medicine,
Division of Geriatric Medicine, Penn State Health, Penn State College of Medicine and
Maria Olender, MD, FAAHPM, Chief Medical Officer of Choices Healthcare

This session explores the clinical dimensions of frailty in older adults and its impact on hospice care. Through case-based discussion and interdisciplinary strategies, participants will gain practical tools for assessment, management, and compassionate communication. Emphasis will be placed on aligning care with patient values and fostering dignity at the end of life.

INTENSIVE SKILL DEVELOPMENT: A PROFESSIONAL TRAINING FOR PALLIATIVE AND HOSPICE CLINICIANS

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AGENDA

12:30pm- 1:45pm **Navigating Frailty: Clinical Insights and Compassionate Care in Hospice (continued)**

Learning Objectives:

Define frailty in older adults and describe its clinical implications in hospice care
Identify key assessment tools and strategies for evaluating frailty in hospice settings
Explore interdisciplinary approaches to managing frailty with compassion and dignity
Apply communication techniques for discussing frailty and prognosis with patients & families

1:45pm-2:00pm **Break**

2:00pm-3:15pm **Palliative Sedation in End-of-Life Care**, Ric Baxter, MD, FAAHPM, Hospice Medical Director, Emeritus Palliative Care Physician, St. Luke's University Health Network

Palliative sedation is a complex and ethically significant intervention used in end-of-life care to alleviate severe suffering when other interventions are ineffective. This workshop offers a comprehensive exploration of palliative sedation, focusing on its indications, administration guidelines, ethical considerations, and impact on patient care.

Learning Objectives:

The learner will be able to define and recognize holistic forms of suffering.
The learner will be able to explain and utilize ethical principles in decision making.
The learner will be able to develop a plan of care for palliative sedation.

3:15pm-4:30pm **HOPE Assessment Tool and Quality Management Strategies**

Elizabeth Press, BSN, RN, CHPN, Regional Executive of Clinical Operations, Compassus

A review of the new HOPE requirements and strategies for communication, data collection and timely submissions.

Learning Objectives:

Name one key difference between HIS and HOPE.
Verbalize understanding of the HOPE data collection timepoints and when SFV is required.
Name two strategies to implement to ensure successful data collection and timely submissions.

4:30pm-5:00pm **Using What We've Learned, Wrap-Up and Evaluations**



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Registration/Hotel Information

Professional Credits Information

This Nursing Continuing Professional Development activity was approved by Pennsylvania State Nurses Association Approver Unit, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. This activity has been approved to award 7 Contact Hours.

Registration Cancellation Policy

All cancellations must be submitted in writing to the Pennsylvania Hospice and Palliative Care Network. A \$20 processing fee will apply to all cancellations. Cancellations received in writing one week prior to the event will receive a full refund less the processing fee. No refunds will be made for cancellations made less than one week prior to the event. Substitutions are welcome; please submit your request in writing. All refunds will be processed within 30 days after the conference.

QUESTIONS: please call Pennsylvania Hospice and Palliative Care Network, 717-533-4002 or email, phpcn@pahospice.org.

Nearby Hotels

Fairfield Inn by Marriott
150 Granite Run Drive
Lancaster, PA 17601
717-581-1800

Hilton Garden Inn Lancaster 101
Granite Run Drive Lancaster, PA
17601
717-560-0880

Eden Resort & Suites
222 Eden Road
Lancaster, PA 17601
717-569-6444/866-801-6430

Heritage Hotel Lancaster 500
Centerville Road
Lancaster, PA 17601
800-223-8963



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REGISTRATION FORM

Registration Rates:

PHPCN Organizational Member	\$225.00
Non PHPCN Organizational Member	\$325.00

How to Register:

The deadline for registration is **Friday, November 21, 2025**. Registration fee may be paid by check, money order or by VISA or MasterCard. If paying by credit card, please [CLICK HERE](#)

If paying by check, please mail completed registration and check made payable to:

Pennsylvania Hospice and Palliative Care Network
P.O. Box 343
Hershey, PA 17033

Attendee Information Name and Credentials:

Agency Name:

Address:

Phone Number:

Email:

Total Amount Enclosed:

Dietary Request:

Emergency Contact: